



# HOW DO WE BECOME SOCIALLY SKILLED?



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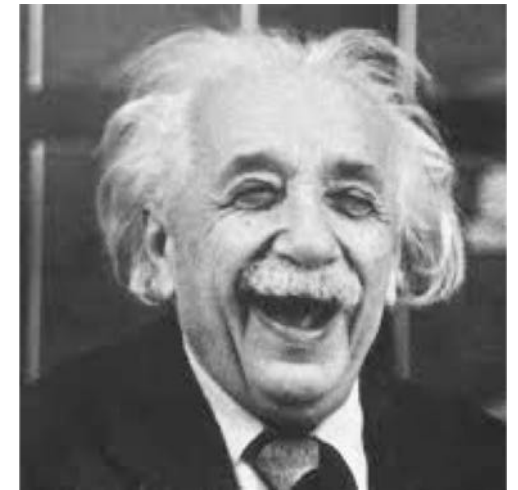
University of California, San Diego



# Why study development?

“explaining [physics] is child’s play  
compared to [explaining] child’s play”

– Albert Einstein



The rest of the psychological and  
behavioral sciences are algebra

The study of development is calculus

Modeling the trajectory of complex, multi-factorial phenotypes

# Why study development?

## Real-world importance

- Better treatment for individuals w/ disabilities
- Potential to improve education & parenting
- Improve lives of infants/children/adol. at risk



## Theoretical importance

- To understand any trait, you have to understand how it emerges



# Development of social skills

Complex, diverse, multivariate

What sorts of skills?

Hunting/foraging/feeding

Playing

Mating

Parenting

Aggression/dominance

Kin recognition

Communicating



# Kin recognition



Learn that some things are "like you,"  
and some of these will help you survive

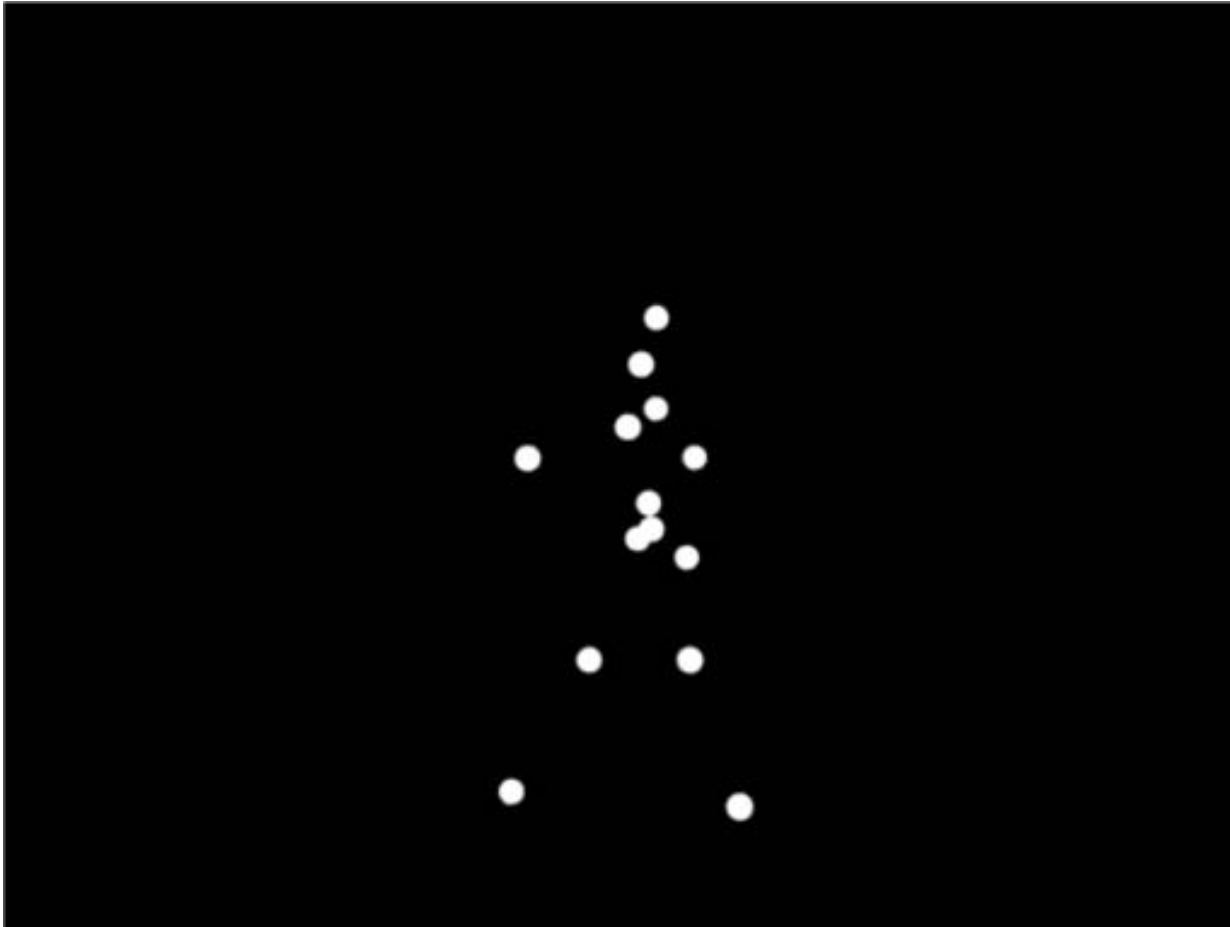


**How do you know what's a person?**

**How do you know which of these are caregivers?**

# What do people look like?

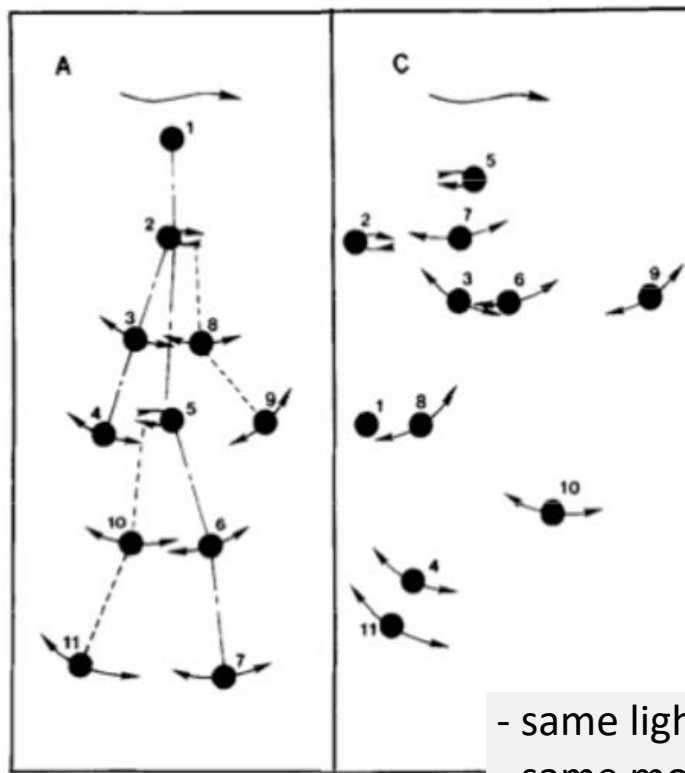
## How do they move? Point-light display:



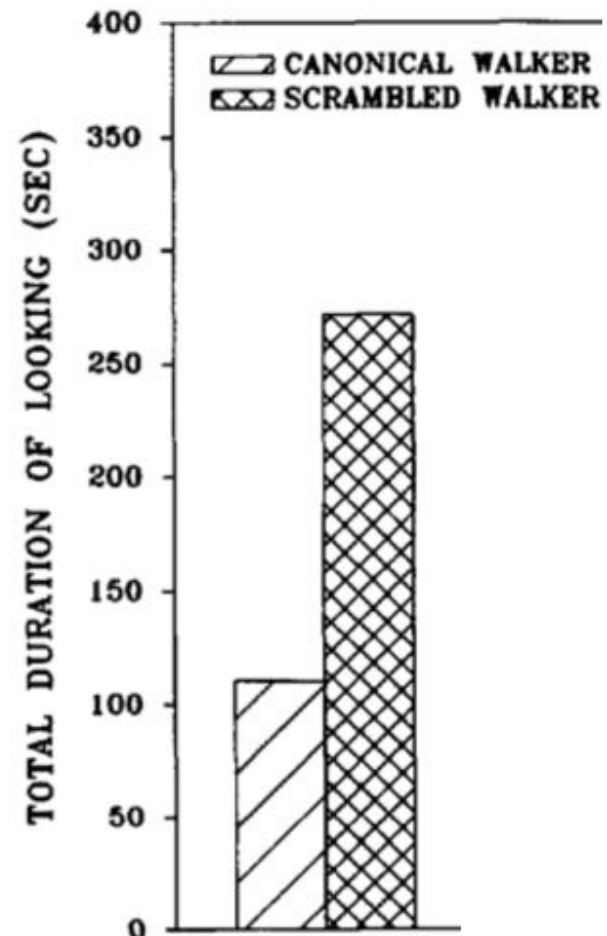
What do these demonstrate?

# When do infants recognize human motion?

Bertenthal et al. (1987): 3-month-olds' discrimination of biological motion (walking patterns)



- same lights
- same motion
- scrambled locations





# What do *specific* people look like?

Do infants discriminate a parent's face from a stranger's?

When do infants start responding to face-like shapes? (<1 week)

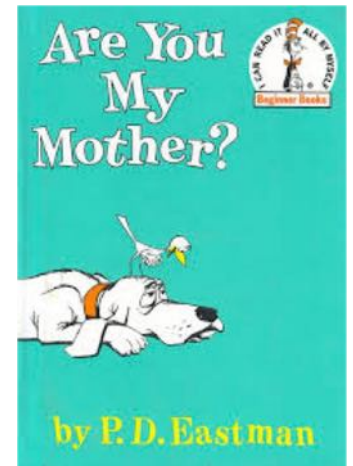
Smiling "at" people? (3 months)

Stranger anxiety, preferential affection (7-9 months)

Test: Habituate to stranger #1;

then Dishabituate to stranger #2 or mother

(Layton & Rochat, 2007)



What is *habituation*?

What is *dishabituation*?





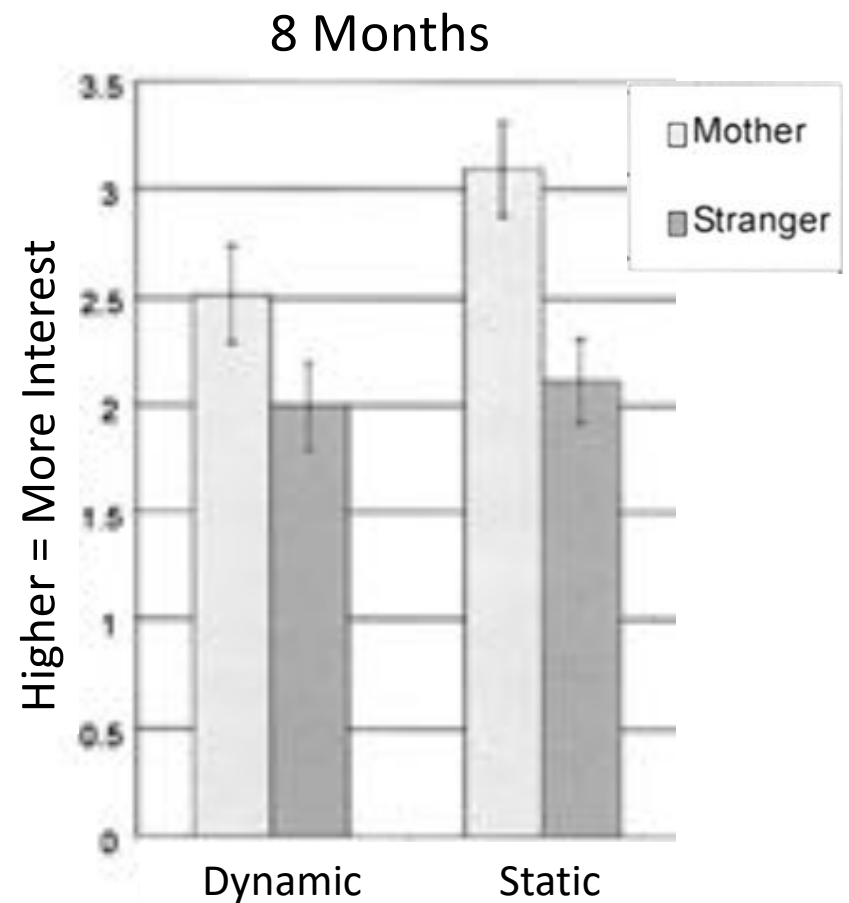
4 months: no reliably different response (mom vs. stranger #2)

8 months: more dishabituation to mom's face (still or moving)

So young infants can't recognize parent??

They probably can using multiple cues

Suggests that face representations improve from 4 to 8 months



# What does kin recognition buy you?

- Survival
- *Attachment* relationship
  - John Bowlby (1969): 'emotional tether'
  - Facilitates exploration and learning
- How are these emotional states controlled?

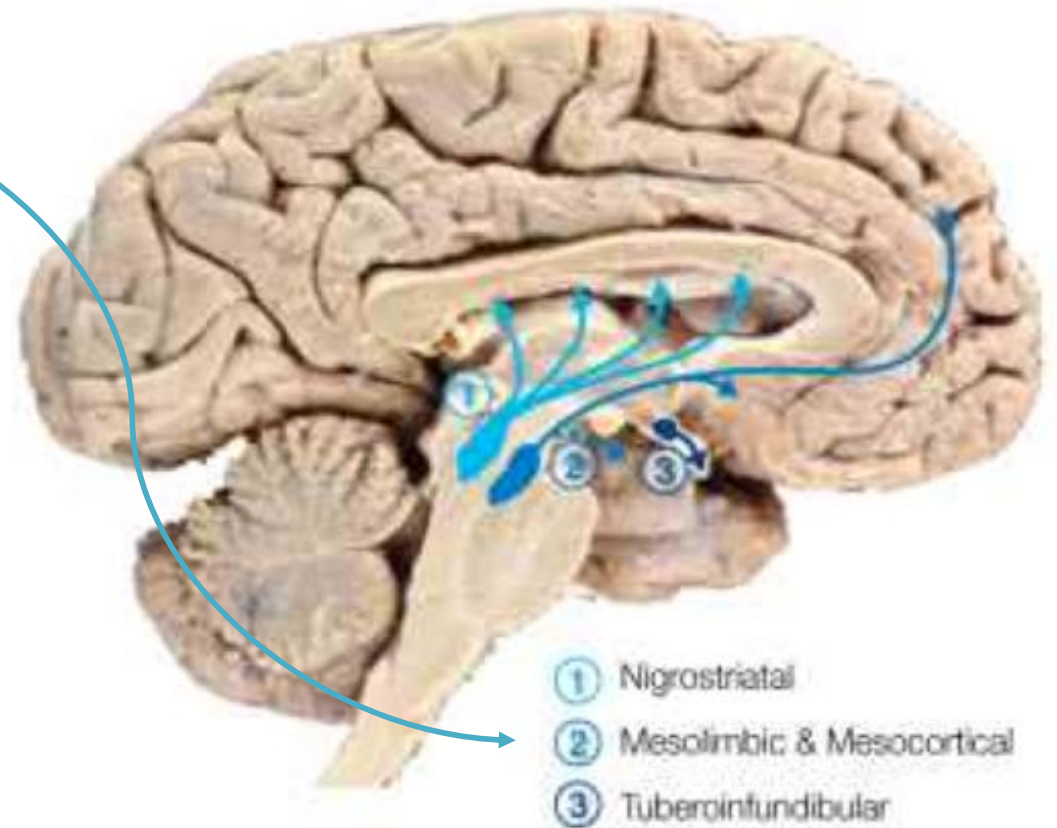


# Neural control of emotion and regulation of infant-parent behaviors

Important concept: *neuromodulation*

# Some neuromodulatory systems

Dopamine (Da)  
Norepinephrine (Ne)  
Serotonin (5-HT)  
Acetylcholine (ACh)



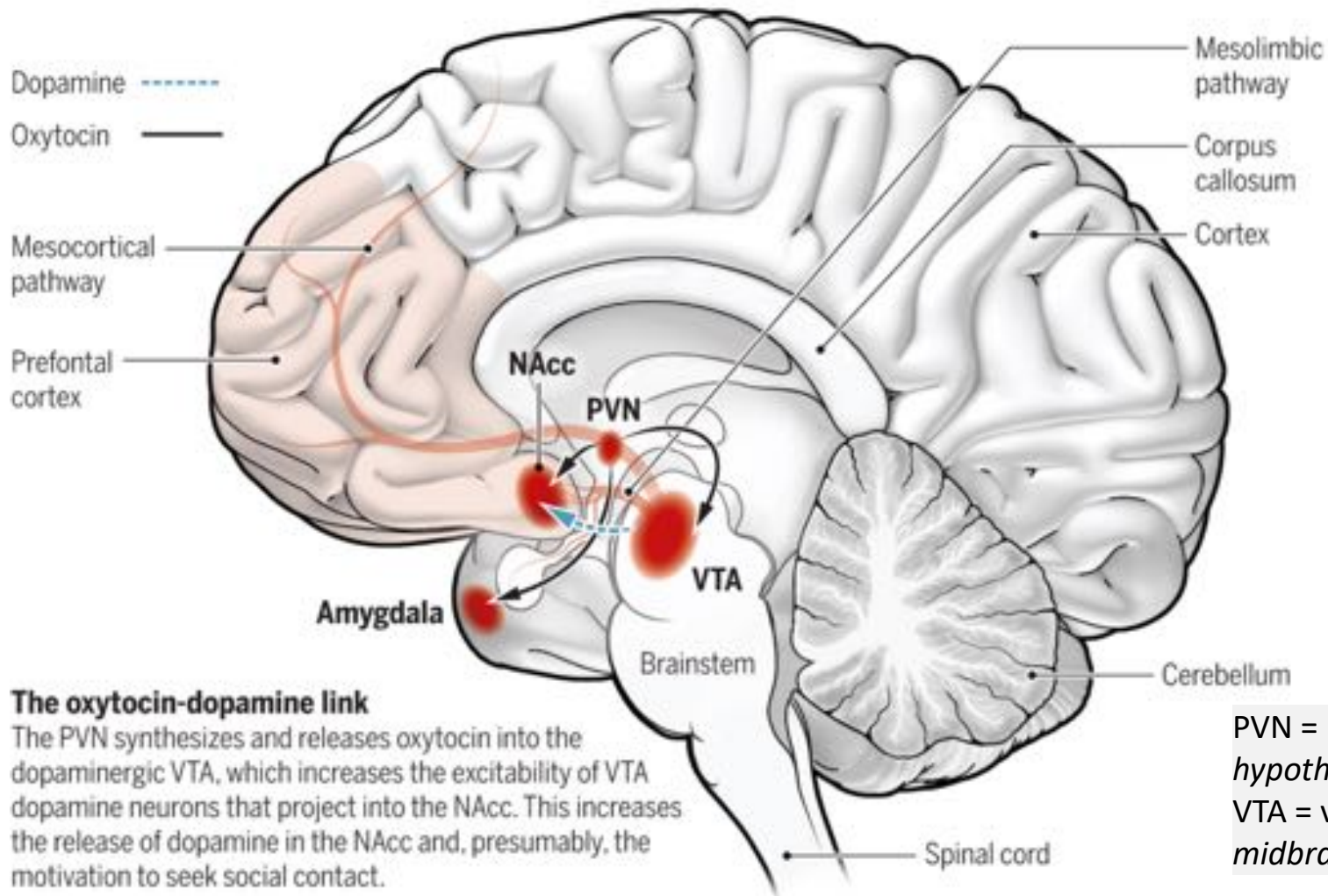
others (neuropeptides; hormones)

- Oxytocin
- (many others – e.g., endogenous opiates; androgens)

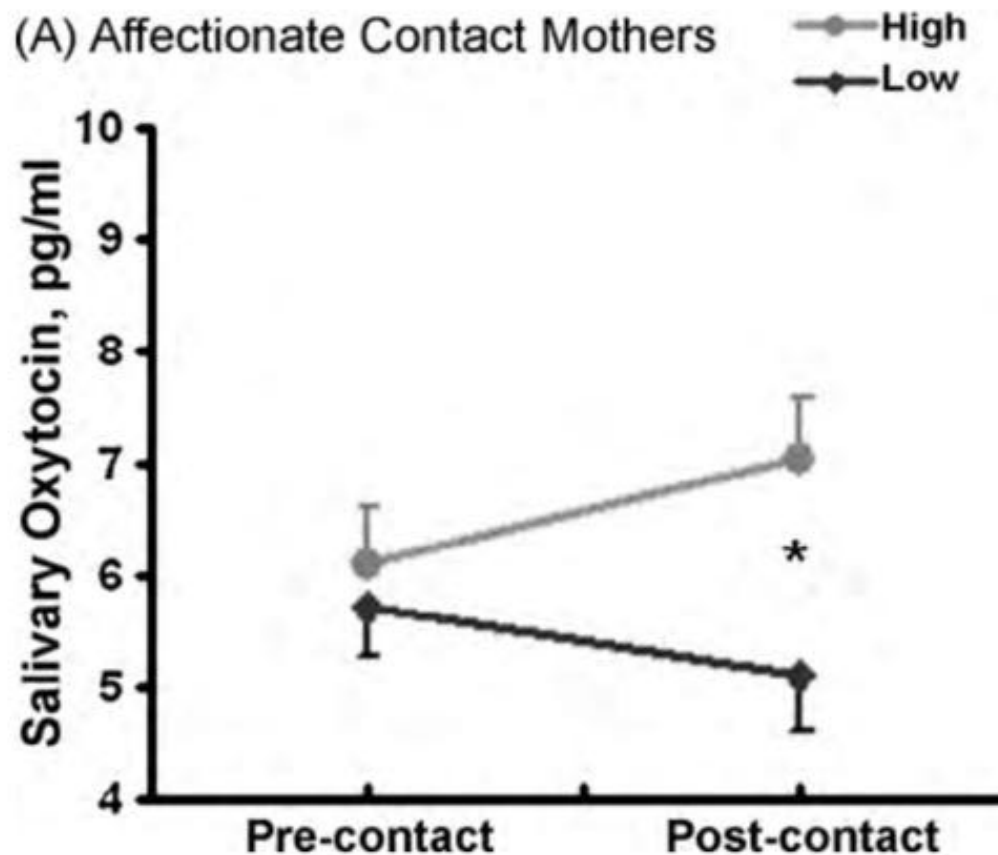
# Neuromodulation of social reward

## How social processes become rewarding

Studies in mice suggest that social behavior in humans occurs because of the connections between oxytocin and the reward-based dopaminergic system, which presumably mediates the ability of humans to notice, seek, remember, and return to rewarding experiences of all types—in this case social contact.



# Does Oxy correlate with parent-infant interaction?



Feldman et al. (2010)

Oxy neuromodulation is related to the 'tone' (reward, salience) of *parenting* behaviors

# What does kin recognition buy you?

- Survival
- *Attachment* relationship
  - John Bowlby (1969): 'emotional tether'
  - Facilitates exploration and learning
  - Shaped by neuromodulation
- Is this enough? No:
  - Interaction lets infants learn to *communicate*
  - Communication skills for: peer interaction, aggression, mating, parenting, skill learning, etc.



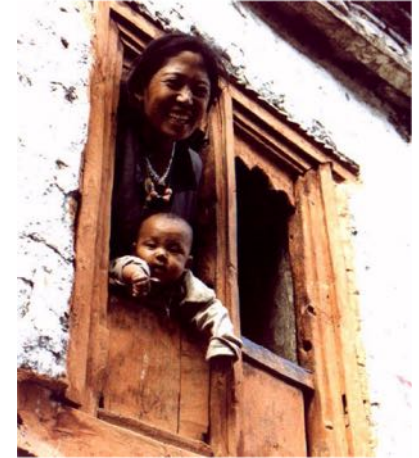


# Communication requires "common ground"

## How is it established?

### Attention-sharing

- Look where someone is looking



- Get someone to look where you're looking



- Important for teaching & learning



# Gaze-following: Early attention-sharing skill



Around 8-12 months

Why does it matter?

Learn *what's important* to other people

Figure out what they mean

# What is attention sharing for?

- Learning skills?
  - Watch what skilled conspecifics (e.g. parents) *do*: safe way to learn how to interact with the world
- Learning language

**Attention-sharing skill ->**

**Social & non-social skills [language!] ->**

**Learning more skills (e.g., reading)**

How could this work?

How could attention-sharing help infants learn what an adult is talking about?

# How attention-sharing could help infants learn language

- Problem: You say a word.  
How do I know what you mean?
- "*Gavagai*" problem...
- *Partial* solution: What you are looking at...





*Situation #1  
Shared Attention*



*Situation #2  
Non-Shared Attention*

*What does  
infant associate  
with the word??*

- 18-month-olds associate word with object only in *shared* attention context (Baldwin, 1991, 1993)
  - Non-shared: ignore word *or* see what adult is looking at
  - 14-month-olds: do not seem to consider adult's attention
- By 18 months expect adults to talk about objects of shared atten.

# What we covered

- Infants learn what people look like, and how they move
  - Individuals as well as people in general
  - Important for attachment: explore (learn) & survive
- Infant-adult interactions: necessary for learning and development
  - affected by neuromodulation
    - mechanisms that adjust mood, state, and learning
- Communication requires "common ground"
  - Attention-sharing
    - Learning skills from attending to others
  - Learning language & shared meaning!



# Questions?

Visit our lab page: [cogdevlab.ucsd.edu](http://cogdevlab.ucsd.edu)